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# **Ski: Your Guide To Jumping, Racing, Skiboarding, Nordic, Backcountry, Aerobatics, And More (Extreme Sports)**



## Synopsis

FOR USE IN SCHOOLS AND LIBRARIES ONLY. Discusses the different aspects of extreme skiing, including equipment, safety, and how to tips, and explores the different venues such as racing, downhill, jumping, and cross-country. --This text refers to an out of print or unavailable edition of this title.

## Book Information

Series: Extreme Sports

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## Customer Reviews

Reviewed with Joy Masoff's *Snowboard!*. Gr. 9-12. Sharp, action-packed photos and punchy, magazine-style prose add to the appeal of these small, square titles in the Extreme Sports series. Chapters are brief but packed with information for beginners, introducing various styles of skiing and snowboarding; equipment and techniques; tips on training; and useful resources. Most of this is material that's frequently covered in well-written sports magazine articles; but teens will appreciate having a basic, approachable overview all in one place, written in colloquial language (a chapter called "Get Psyched," for example). They will also like the insider sidebars such as the glossary of snow terminology in *Ski!* ("champagne powder" vs. "mashed potatoes") and *Snowboard!*'s list of cool moves ("McTwist" vs. the "Pop Tart"). Relaxed, readable, and filled with helpful information, these are introductions for any teen collection where such materials are in demand. Gillian Engberg  
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This book is pretty much worthless as a "guide" to anything. The front cover says: "Your Guide to Jumping, ...(etc.)." Yeah right - jumping is first in the list and there is a grand total of seventeen sentences on jumping, all of which could be deduced from watching one ski jumper jump once.

Some of the pictures are okay, but if you want to learn anything about skiing, forget this "guide." National Geographic and Pamela Pollack should be ashamed of producing such a worthless and deceiving book on "Extreme Sports." The only thing extreme about this book is how bad it is.

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